



Back to the Future:

Moving Beyond Opioids for Chronic Pain

September 15-16, 2018

Hilton Richmond Hotel & Spa / Short Pump
12042 West Broad Street | Richmond, VA

Presented by VCU Health Departments of Anesthesiology and Physical Medicine and Rehabilitation, VCU Health Neuroscience, Orthopaedic and Wellness Center and VCU Health Continuing Medical Education
Richmond, Virginia

Schedule September 15-16, 2018

Saturday, September 15, 2018

A.M.

7:00 **Registration and Exhibits Open**
Continental Breakfast

7:55 **Welcoming Remarks**
Marc Huntoon, MD

8:00 **Opioids: Have We Gone Too Far: Are Patients Suffering or Are We Doing the Right Thing?***
Andrew Chapman, MD

8:30 **Virginia Medicaid Perspective: Integrated Behavioral Health and Chronic Pain Treatment**
Katherine Neuhausen, MD, MPH

9:00 **Primer on Rational Opioid De-Escalation and Buprenorphine Substitution***
Paul Coelho, MD

9:30 **Question and Answer Session**

9:50 **Break with Exhibits**

10:15 **Cancer Pain Management and Long-Term Outcomes with Spinal Drug Delivery***
Lisa Stearns, MD

10:45 **Update on Complex Regional Pain Syndrome: What Is It, How Do I Diagnose It, and What Do I Do for It?**
Marc Huntoon, MD

11:15 **Ketamine, Lidocaine, and Topical Agents: What Role Can They Play?**
Robert Goldstein, MD

11:45 **Question and Answer Session**

P.M.

12:05 **Exhibits Open**

12:20 **Sponsored Lunch** TBD
Not for credit

1:30 **Advances in Neuromodulation I: Closed Loop, High Frequency, and Other Advances in Waveform Technology for SCS**
Andrew Chapman, MD

- 2:00 **Do Devices Decrease Opioid Use? Why Active Management and an Emphasis on Function is Paramount***
Marc Huntoon, MD
- 2:30 **Question and Answer Session**
- 2:40 **Break with Exhibits**
- 3:10 **Radiofrequency Ablation Therapy for the Knee, Hip, and Shoulder: State of the Art**
Bradley Stovall, DO
- 3:45 **WORKSHOP SESSION** - Choose One Session
- Workshop 1**
Physical Exam of the Pain Patient
Elizabeth Huntoon, MD and Bradley Stovall, DO
(Limited to 50 participants)
- Workshop 2**
Buprenorphine Primer: Getting your X Waiver*
Paul Coelho, MD and Mishka Terplan, MD, MPH, FACOG, FASAM
- Workshop 3**
Battlefield Acupuncture: Easy Applications That Any Provider Can Offer Their Patients
David Drake, MD
- 5:15 **Adjourn**

Sunday, September 16, 2018

A.M.

- 7:00 **Registration and Exhibits Open**
Continental Breakfast
- 7:55 **Welcoming Remarks**
Marc Huntoon, MD
- 8:00 **Functional Restoration: Understanding the Pain Patient and Incorporating Movement-Based Therapy into Practice**
Jeb Helms, PT, DPT, OCS, SCS
- 8:30 **Developing a Psychological and Functional Rehabilitation Program for the Patient in Pain at VCU**
Mary Wells, PhD
- 9:00 **Pain Management Compliance Testing – A Brief Synopsis***
Carl Wolf, PhD
- 9:30 **Question and Answer Session**
- 9:45 **Break with Exhibits**

Sunday, September 16, 2018 (cont'd.)

A.M.

10:15 **Headache: What Effects Are the New Drugs and Treatments Having?**

Catherine Ham, MD

10:45 **Difficult Conversations: A Role Play Exercise for Clinicians***

Paul Coelho, MD and Mary Wells, PhD

11:45 **Question and Answer Session**

12:00 **Conference Adjourns**

**** These sessions count towards the Virginia Board of Medicine's Controlled Substances CE requirement.***

Target Audience

This symposium is for primary care physicians, pain specialists, physiatrists, anesthesiologists, neurologists, surgeons, orthopedists, internists, nurse practitioners, nurses, physician assistants, physical therapists, and other healthcare professionals who are engaged in treating chronic pain.

Course Objectives

At the conclusion of this meeting, learners will be able to:

- Design a rational opioid weaning and compliance program.
- Demonstrate knowledge of adjunctive medications, physical and psychological pain treatments and develop goals with their patients for implementation.
- Learn how to have difficult conversations with patients regarding the use of opioids as part of a treatment program for their pain.

Controlled Substances CE Requirements

The Virginia Board of Medicine is required by law to identify prescribers who must complete 2 hours of continuing education (CE) in pain management, proper prescribing of controlled substances, and the diagnosis and management of addiction. The Board is requiring all prescribers licensed by the Board of Medicine to obtain 2 hours of Type 1 (CAT I) CE in the 24 months prior to your next biennial renewal.

Accreditation and Educational Credit

VCU Health Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

VCU Health Continuing Medical Education designates this live activity for a maximum of 10.25 **AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

VCU Health Continuing Medical Education awards 10.25 hours of participation (equivalent to **AMA PRA Category 1 Credits™**, to each non-physician participant who successfully completes this educational activity.

This Live activity, Back to the Future: Moving Beyond Opioids for Chronic Pain, with a beginning date of 09/15/2018, has been reviewed and is acceptable for up to 10.25 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Statement

In compliance with ACCME Standards, all planner and presenter relationships with commercial supporters have been resolved. All presenting faculty affirm that they will employ the best available evidence from all sources to support any clinical recommendations made in their presentations. If learners detect any commercial bias in any presentation, they should document their observations on the Activity Evaluation Form.

Hotel Reservations

A block of rooms has been reserved at the Hilton Richmond Hotel & Spa / Short Pump until August 23. To book, call the hotel at 804.364.3600 and identify yourself as an attendee of "VCU Health CME" to receive the discounted rate, or book online at **tinyurl.com/painhotel**.

The conference room rate is \$139.00 for single or double occupancy, plus prevailing taxes and fees. This rate is good for three nights before and after the dates of the conference, per availability.

Register Online | vcu.cloud-cme.com/painmed

Faculty

Paul Coelho, MD

Medical Director
Salem Health Pain Clinic
Salem, OR

Andrew Chapman, MD

Assistant Professor of Anesthesiology
VCU Health
Richmond, VA

David Drake, MD

Director, Interventional Pain Clinic
Director, Integrative Health
Hunter Holmes McGuire VA Medical
Center
Richmond, VA

Robert Goldstein, MD

Associate Professor of Anesthesiology
and Pain Medicine
Medical Director, UVA Pain
Management Center
Director, Neuromodulation Therapies
University of Virginia Health System
Charlottesville, VA

Catherine Ham, MD

Assistant Clinical Professor
of Neurology
Director, VCU Health Headache Clinic
Neuroscience, Orthopaedic
and Wellness Center
Richmond, VA

Jeb Helms, PT, DPT, OCS, SCS

Physical Therapist IV
VCU Health
Richmond, VA

Elizabeth Huntoon, MD

Conference Co-Chair
Associate Professor of
Physical Medicine & Rehabilitation
VCU Health
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Marc Huntoon, MD

Conference Chair
Professor of Anesthesiology
Director, VCU Health Pain
Management
Neuroscience, Orthopaedic
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Katherine Neuhausen, MD, MPH

Chief Medical Officer
Virginia Department of Medical
Assistance Services
Richmond, VA

Lisa Stearns, MD

Founder and Medical Director
Center for Pain and Supportive Care
Phoenix, AZ

Bradley Stovall, DO

Assistant Professor of
Physical Medicine & Rehabilitation
VCU Health
Richmond, VA

Mishka Terplan, MD, MPH, FACOG, FASAM

Professor of Obstetrics and
Gynecology and Psychiatry
VCU Health
Richmond, VA

Mary Wells, PhD

Assistant Professor of Physical
Medicine and Rehabilitation
VCU Health
Richmond, VA

Carl Wolf, PhD

Supervisor, FIRM Specialty Testing
Laboratory
VCU Health
Richmond, VA

Registration Fees

\$450	Industry Professional
\$400	Physician
\$300	Non-Physician, NP, RN, PA
\$225	VCU NP, RN, PA
\$150	Residents & Fellows
\$50	VCU Health & McGuire VA Medical Center Residents & Fellows

Register online at vcu.cloud-cme.com/painmed

(best using Google Chrome)

Cancellation Policy

Registration fee, less a \$60.00 non-refundable administrative fee, will be refunded only if written notice of cancellation is received via email to cmeinfo@vcuhealth.org **on or before August 17, 2018**. There will be no refunds after August 17, 2018.

Questions and Information

VCU Health Continuing Medical Education
800.413.2872 | 804.828.3640 | cmeinfo@vcuhealth.org

VCU Health is an equal opportunity/affirmative action employer.

If special accommodations are needed, please contact us at 804.828.3640.

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